## Reducing Preventable Accidents



A Challenge from Secretary of Defense Donald Rumsfeld, 19 May 2003

"World-class organizations do not tolerate preventable accidents. Our accident rates have increased recently, and we need to turn this situation around. I challenge all of you to reduce the number of mishaps and accident rates by at least 50% in the next two years. These goals are achievable, and will directly increase our operational readiness. We owe no less to the men and women who defend our Nation.

"I have asked the Under Secretary of Defense for Personnel and Readiness to lead a department-wide effort to focus our accident reduction effort. I intend to be updated on our progress routinely. The USD(P&R) will provide detailed instructions in separate correspondence."

## Ask Yourself

How can an Effective Ergonomics Program at my installation address Mr. Rumsfeld's directive to "reduce the number of mishaps and accident rates by at least 50% in the next two years"?

Implementing and maintaining an effective ergonomics program at your facility means working smarter and safer to—

- Prevent or control injuries and illnesses by eliminating or reducing worker exposure to work-related musculoskeletal disorder (WMSD) risk factors such as awkward postures, repetition, force, mechanical compression, duration, vibration, temperature extremes, excessive noise levels, inadequate lighting, and improper ventilation.
- Reduce the potential for fatigue, error, or unsafe acts by adapting the job and workplace to the workers' capabilities and limitations.
- Reduce absenteeism and worker turnover.
- Increase the overall productivity and quality of the work force.
- Reduce workers' compensation claims and associated costs.
- Improve overall unit readiness.

## Ask the Experts

There are many resources available to you to meet the 50% reduction challenge—whether you need to establish an ergonomics program or enhance an existing one. For expert assistance, contact your local safety office for more information. The NAVOSHENVTRACEN offers Ergonomics Training for those who will be working on an Ergonomics Team. Register online for Navy Ergonomics Program A-493-0085 at <a href="http://www.norva.navy.mil/navosh/">http://www.norva.navy.mil/navosh/</a>>. Expert ergonomic assistance can be obtained via your safety or OEM staff through the NAVFAC Ergonomics Program Manager <a href="mailto:navfacsafetyergonomicspm@navfac.navy.mil">mailto:navfacsafetyergonomicspm@navfac.navy.mil</a>> or call commercial: 619-532-2536; DSN: 522-

2536. Many ergonomics tools are available on the NAVFAC Safety Ergonomics Web page at:

<a href="http://www.navfac.navy.mil/safety/site/ergo/ergonom.htm">http://www.navfac.navy.mil/safety/site/ergo/ergonom.htm</a>